



GYMNASTICS

USA Gymnastics

811 Straits Turnpike, Watertown, CT 06795 Tel (860) 945-6970

www.usagymnastics.net

SEPTEMBER 2017 - JUNE 2018

ANNUAL REGISTRATION FEES: \$35.00 per student, \$25.00 for the 2nd child, \$15.00 for the 3rd child.

FAMILY DISCOUNTS: Tuition will be discounted 10% for the 2nd child and 20% for the 3rd child.

TUITION: These prices are for classes once a week from September until June. There are savings if you pay for the entire school year at or before your child's first class. This is the price if you pay for the whole year in September, not if you enroll for the whole year in September. Half year payments are due in September and in January.

MAKE UP POLICY: We have children from many different school systems. We don't follow any of their schedules. Instead we have our own. Consult our calendar. In case of inclement weather, call the gym. The answering machine will give you information. If we cancel a class due to weather, we will make it up during our winter or spring break. There are no make ups for individually missed classes.

	OPTION #1 - FULL YEAR SAVINGS SINGLE PAYMENT(in September)	OPTION #2 - 1/2 YEAR TWO PAYMENTS (in Sept. and Jan.)
PRESCHOOL 45 MINUTE CLASS	\$620.00	\$360.00
GYMNASTICS & CHEERLEADING 1 HOUR CLASS	\$670.00	\$395.00



2017-2018 USA Gymnastics Registration Form

Last Name _____ I plan on paying using Option #1 ___ Option #2 ___

1st Child _____ Sex ___ AGE ___ DOB _____ ClassDay/Time _____

2nd Child _____ Sex ___ AGE ___ DOB _____ ClassDay/Time _____

3rd Child _____ Sex ___ AGE ___ DOB _____ ClassDay/Time _____

Address _____ e mail _____

City/Town _____ STATE _____ ZIP _____

HOME PHONE _____ WORK PHONE _____ CELL PHONE _____

PARENTS' NAMES _____

We will call you if your choice is unavailable.

I recognize that any activity involving height or motion can create the possibility of catastrophic injury or death.

I further agree to hold harmless "USA Gymnastics", and its employees from any losses or damages.

PARENT/GUARDIAN

SIGNATURE _____ DATE _____

Enclose the registration fee (checks to USA Gymnastics), sign above and mail to:

USA GYMNASTICS
811 STRAITS TURNPIKE
WATERTOWN, CT. 06795

AMOUNT PAID \$ _____ BALANCE \$ _____

Remember that everyone must pay the annual registration fee in addition to the tuition.

"THE MOONS AND THE STARS" PRESCHOOL PROGRAM

SEPTEMBER 2017 - JUNE 2018

LITTLE STARS (WALKING TO 3 YEARS)

Bring mom or dad and become familiar with the facility, gymnastic equipment and staff while exploring this exciting new world of fun.

MONDAY	9:30 - 10:15 AM
TUESDAY	9:30 - 10:15 AM
SATURDAY	9:00 - 9:45 AM

LITTLE DIPPERS (3 YEARS OLD)

This is your child's first gymnastic class without a parent, with an introduction to listening skills, body awareness and movement exploration using age appropriate equipment.

MONDAY	10:30 - 11:15 AM
MONDAY	1:00 - 1:45 PM
MONDAY	2:00 - 2:45 PM
TUESDAY	10:30 - 11:15 AM
TUESDAY	1:00 - 1:45 PM
TUESDAY	2:00 - 2:45 PM
WEDNESDAY	9:30 - 10:15 PM
WEDNESDAY	10:30 - 11:15 PM
WEDNESDAY	1:00 - 1:45 PM
WEDNESDAY	2:00 - 2:45 PM
THURSDAY	9:30 - 10:15 AM
THURSDAY	10:30 - 11:15 PM
THURSDAY	1:00 - 1:45 PM
THURSDAY	2:00 - 2:45 PM
SATURDAY	10:00 - 10:45 AM
SATURDAY	11:00 - 11:45 AM

BIG DIPPERS (4 AND 5 YEARS OLD)

As your child grows so does the opportunity for fun and fitness. Improve their stumbling into tumbling and their fears into cheers!

MONDAY	10:30 - 11:15 AM
MONDAY	1:00 - 1:45 PM
MONDAY	2:00 - 2:45 PM
TUESDAY	10:30 - 11:15 AM
TUESDAY	1:00 - 1:45 PM
TUESDAY	2:00 - 2:45 PM
WEDNESDAY	9:30 - 10:15 PM
WEDNESDAY	10:30 - 11:15 PM
WEDNESDAY	1:00 - 1:45 PM
WEDNESDAY	2:00 - 2:45 PM
THURSDAY	9:30 - 10:15 AM
THURSDAY	10:30 - 11:15 PM
THURSDAY	1:00 - 1:45 PM
THURSDAY	2:00 - 2:45 PM
SATURDAY	10:00 - 10:45 AM
SATURDAY	11:00 - 11:45 AM

GIRLS RECREATIONAL GYMNASTICS

SEPTEMBER 2017 - JUNE 2018

ONE HOUR NOVICE CLASS

This is a program designed as an introduction to gymnastics; it is ideal for the newcomer to the sport or the preschooler advancing to a 1 hour class.

NOVICE (5-8 YRS.) GIRLS

MONDAY	4:00 - 5:00 PM	TUESDAY	4:00 - 5:00 PM	THURSDAY	4:00 - 5:00 PM
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ONE HOUR RECREATIONAL CLASS

Highly exciting yet challenging instruction in individual skills and basic routines is given on all Olympic events, trampolines and in ground pits. Students are divided into groups by ability, agility, flexibility, strength, and attitude.

1 HOUR CLASS (5 - 6 YRS.) GIRLS

MONDAY	4:00 - 5:00 PM	TUESDAY	5:15 - 6:15 PM
TUESDAY	4:00 - 5:00 PM	THURSDAY	5:15 - 6:15 PM
WEDNESDAY	4:00 - 5:00 PM	FRIDAY	5:15 - 6:15 PM
THURSDAY	4:00 - 5:00 PM	SATURDAY	12:00 - 1:00 PM
FRIDAY	4:00 - 5:00 PM		

1 HOUR CLASS (7- 8 YRS.) GIRLS

MONDAY	4:00 - 5:00 PM	WEDNESDAY	5:15 - 6:15 PM
TUESDAY	4:00 - 5:00 PM	THURSDAY	5:15 - 6:15 PM
WEDNESDAY	4:00 - 5:00 PM	FRIDAY	5:15 - 6:15 PM
THURSDAY	4:00 - 5:00 PM	SATURDAY	12:00 - 1:00 PM
FRIDAY	4:00 - 5:00 PM		

1 HOUR CLASS (9-12 YRS.) GIRLS

WEDNESDAY	4:00 - 5:00 PM	TUESDAY	5:15 - 6:15 PM	TUESDAY	6:30 - 7:30 PM
THURSDAY	4:00 - 5:00 PM	FRIDAY	5:15 - 6:15 PM	THURSDAY	6:30 - 7:30 PM
FRIDAY	4:00 - 5:00 PM	SATURDAY	12:00 - 1:00 PM		

GIRLS 1 ½ HOUR ADVANCED CLASS

Girls who are very serious about improving their gymnastics must be recommended to this class by Maureen. This is a program designed for the individuals who have shortened the life expectancy of your furniture at home.

MONDAY	4:30 - 6:00 PM (BY RECOMMENDATION ONLY)
WEDNESDAY	4:30 - 6:00 PM (BY RECOMMENDATION ONLY)

ADULTS/YOUNG ADULTS

AGES 12 AND UP

A class for adults/young adults who would like to learn more about gymnastics.

TUESDAY	6:30 - 7:30 PM	OR	THURSDAY	6:30 - 7:30 PM
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CHEERLEADING CLASS

AGES 7 AND UP

The tumbling aspects of cheerleading will be covered (such as handstand, cartwheel, round off, back handspring, back tuck, layout or full twist). Gymnastic apparatus is not covered in this class.

TUESDAY	7:30 - 8:30 PM	THURSDAY	7:30 - 8:30 PM
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BOYS RECREATIONAL GYMNASTICS

SEPTEMBER 2017 - JUNE 2018

ONE HOUR RECREATIONAL CLASS

Highly exciting yet challenging instruction in individual skills and basic routines is given on all Olympic events, trampolines and in ground pits. Students are divided into groups by ability, agility, flexibility, strength and attitude.

1 HOUR CLASS (5-7 YRS.)			1 HOUR CLASS (7-11)		
MONDAY	4:00 - 5:00	PM	MONDAY	5:15 - 6:15	PM
WEDNESDAY	4:00 - 5:00	PM	WEDNESDAY	5:15 - 6:15	PM
FRIDAY	4:00 - 5:00	PM	FRIDAY	5:15 - 6:15	PM

ADULTS/YOUNG ADULTS

AGES 12 AND UP

A class for adults/young adults who would like to learn more about gymnastics.

TUESDAY	6:30 - 7:30	PM	OR	THURSDAY	6:30 - 7:30	PM
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BOYS ADVANCED CLASS - LEVEL 3

This program is designed for the individuals who have shortened the life expectancy of your furniture at home. It is the entry level of competition and for some gymnasts may be a progression to the Junior Olympic program.

FRIDAY	4:00 - 5:30	PM (BY RECOMMENDATION ONLY)
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