

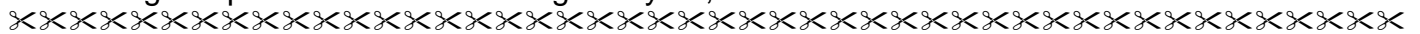
# GYMNASTICS

811 STRAITS TURNPIKE, WATERTOWN, CT 06795 Tel (860) 945-6970

www.usagymnastics.net

## SUMMER SCHEDULE 2016

We have a variety of classes available. You may sign up for any or all of the sessions. You can pretty much live here and sit in the air conditioned waiting room rather than the sweltering, hot, humid New England air. Some classes meet once a week, some classes meet twice a week. Make sure to follow the age requirements. Classes begin July 11, 2016



### SUMMER 2016 REGISTRATION FORM

Last Name \_\_\_\_\_

First Name \_\_\_\_\_ Sex \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ e mail \_\_\_\_\_

City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Parents' Names \_\_\_\_\_

I recognize that any activity involving height or motion can create the possibility of catastrophic injury or death. I further agree to hold harmless "USA Gymnastics" and its employees from any losses or damages.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

<b>45 Minute Preschool Class</b>	<b>Circle your class, list day and time</b>
Session I - 7/11-7/28 _____ \$125	Session 2 - 8/1-8/18 _____ \$125
Saturdays - 7/16-8/20 _____ \$125	

<b>1 Hour Recreational Gymnastics Class</b>	<b>Circle your class, list day and time</b>
Session I - 7/11-7/28 _____ \$150	Session 2 - 8/1-8/18 _____ \$150
Saturdays 12:00-1:00 7/16-8/20 _____ \$150	

<b>Young Adults</b>
Tuesday 6:30-7:30 7/12-8/16 _____ \$150

<b>Cheerleading Class</b>	<b>Circle your class, list day and time</b>
Session I - 7/11-7/28 M/W or T/Th _____ \$150	Session 2 - 8/1-8/18 M/W or T/Th _____ \$150

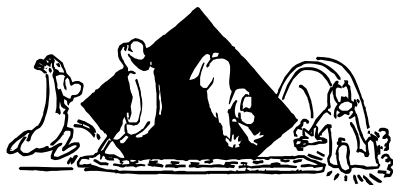
**PLEASE PAY IN FULL WHEN REGISTERING  
THERE ARE NO DISCOUNTS FOR MISSED CLASSES**

AMOUNT PAID \$ \_\_\_\_\_



# SUMMER SCHEDULE 2016

## Preschool Gymnastics for Boys and Girls Ages Walking to 5



### LITTLE STARS

#### **(WALKING TO 3 YEARS OLD)**

Bring mom or dad and become familiar with the facility, gymnastic equipment and staff while exploring this exciting new world of fun.

Saturday	9:00-9:45 am	\$125/ SESSION (6 week period 7/16-8/20)
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### LITTLE DIPPERS

#### **(3 YEARS OLD) 6 STUDENTS PER GROUP**

Your child's first gymnastic class without a parent, with an introduction to listening skills, body awareness and movement exploration which uses age appropriate equipment.

Monday & Wednesday	9:30-10:15 am	\$125/ SESSION (3 weeks)
Monday & Wednesday	10:30-11:15 am	\$125/ SESSION (3 weeks)
Tuesday & Thursday	9:30-10:15 am	\$125/ SESSION (3 weeks)
Tuesday & Thursday	10:30-11:15 am	\$125/ SESSION (3 weeks)
Saturday	10:00-10:45 am	\$125/ SESSION (6 weeks 7/16-8/20)
Saturday	11:00-11:45 am	\$125/ SESSION (6 weeks 7/16-8/20)

### BIG DIPPERS

#### **(4 AND 5 YEARS OLD) 7 STUDENTS PER GROUP**

As your child grows so does the opportunity for fun and fitness. Improve your stumbling into tumbling and your fears into cheers.

Monday & Wednesday	9:30-10:15 am	\$125/ SESSION (3 weeks)
Monday & Wednesday	10:30-11:15 am	\$125/ SESSION (3 weeks)
Tuesday & Thursday	9:30-10:15 am	\$125/ SESSION (3 weeks)
Tuesday & Thursday	10:30-11:15 am	\$125/ SESSION (3 weeks)
Saturday	10:00-10:45 am	\$125/ SESSION (6 weeks 7/16-8/20)
Saturday	11:00-11:45 am	\$125/ SESSION (6 weeks 7/16-8/20)



# SUMMER SCHEDULE 2016

## Gymnastics Classes for Boys and Girls

### Recreational Gymnastics Class (Ages 6 & Up)

This is an exciting yet challenging class for those individuals who have shortened the life expectancy of your furniture at home. There is instruction in individual skills and basic routines on all Olympic equipment, trampolines and in ground pits. Classes are 1 hour.

Monday & Wednesday	9:30 am	Tuesday & Thursday	9:30 am
Monday & Wednesday	10:30 am	Tuesday & Thursday	10:30 am
Monday & Wednesday	6:30 pm	Tuesday & Thursday	6:30 pm
Monday & Wednesday	7:30 pm	Tuesday & Thursday	7:30 pm
The above classes meet twice a week for 3 weeks \$150/SESSION (6 classes over 3 weeks)			
Saturday	12:00	\$150/SESSION (6 classes over 6 weeks)	

### Young Adults Ages 11 & Up

Tuesday	6:30-7:30 pm	\$150/ SESSION (6 classes over 6 weeks)
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### Cheerleading Classes for Ages 8 & Up

Cheerleaders will be taught stretches, strength moves, jump positions and tumbling skills.

Monday & Wednesday	10:30-11:30 am	\$150/ SESSION (6 classes over 3 weeks)
Tuesday & Thursday	10:30-11:30 am	\$150/ SESSION (6 classes over 3 weeks)

